



VAASTU

Some Home Remedies

It is true that one needs an expert to correct major flaws in core factors of Vastu. However, there are quite a few minor errors the dwellers can themselves rectify without any assistance. Here are few for the information of the readers

Cleanliness

Ancient texts say cleanliness can clear many negatives of Vastu in a dwelling. Therefore, the occupants should ensure to keep their dwellings free of dust and dirt at all the time. The vulnerable spots are fans, back side of TV, computer, rear and top portion of cupboards and other rarely used utilities. Even Pooja rooms are seen with dust behind the portraits and cobwebs in corners.

Shoe Stands

Foot wares are strictly prohibited at the north east quadrants. This will totally suppress the positive energy from Eashanyam. It may be difficult to adhere to it in houses and apartments with north and east facing entrances. Unfortunately, for this, there are no alternatives.

Dustbins and broom sticks

These are also contributing factors for energy losses. Therefore, such items should not be carelessly thrown in any corner of the dwelling. Even outside

garbage bin, if located in close proximity in the north east segment is a serious external negative.

Importance of Eashanyam in the Kitchen

North east in kitchen is as divine and as important as the north east of the house itself. Therefore, the area should be kept clean and with no heavy loads.

Colors of the walls

Although some recent authors suggest dark colors for kitchen and Pooja rooms, Vastu is against the use of dark colors in any part of the house or apartment. While the dark colors suppress the positive energy, the same is enhanced by light and brighter shades. In present day, the readers can find multi shades of lighter colors in the market. The latest fashion of painting the whole house in ugly looking dark colors in the name of Vastu is merely a commercial gimmick.

Indoor plants

Vastu does not approve thorny plants like Cactus and suppressed plants like

bonsai. Basil plant commonly called 'Tulsi' has the ability to absorb negative energy and enhance the sanctity and health of the occupants.

Lawns

A well manicured lawn will bring positive vibration in to the building.

Outdoor plants: All flowering shrubs and fruit bearing trees without obstructing the energy flow from the north east can immensely help to enhance Vastu compliance.

Cracks and breakages

Vastu does not approve cracks and breakages on walls and ceilings. Any such damages must be set right forth with.

Photographs of the deceased

Photographs of the deceased members of the family should be kept away from the Pooja room or the praying deities.

These changes if meticulously carried out the readers will find some notable changes for the better.